

2026 marks the fifth summer since High Ridge Harmony Farm opened! The farm has grown in countless ways, by adding volunteers, helping more people, and even becoming a home to the three minis! One of the ways we have changed the most is the amount of programs and opportunities available at the farm. This summer, an 8 week program called **Lead from the Heart** made its debut!

Lead from the Heart is designed for late middle to early high schoolers, with the goal of teaching important leadership skills. We cover patience, resilience, confidence, empathy, and so much more! This program was created to expand the population served by HRHF, and to encourage young people to become leaders. It is an opportunity to learn what it means to be a leader and how everyone can use their strengths to make a difference in their community.

As the summer continues, the Lead from the Heart program will continue to make the farm, as well as our community, a better place. We are looking forward to our Showcase on August 24th, to demonstrate the skills we practiced to local leaders. This fall, the program will continue with a new group of young individuals. The creation of Lead from the Heart was an unexpected, but incredible addition to the farm. We're excited and ready to make a difference in our community, and teach others to do the same!

