

Moments that Matter- Emma's story

Emma's journey at HRHF began in the winter of 2025, when she joined sessions as a participant. Although quiet at first, her bubbly and energetic personality quickly shined through. She showed immediate interest in learning about the horses, and practiced haltering, leading, and brushing. As she worked with each of the horses, her confidence visibly grew with every session. Even though her love for each horse is clear, there is one in particular that we know has her heart.

Emma and Emmy have a special bond and have grown to understand and respect each other. Emmy has been known to show her sassy personality during sessions, but we can always count on Emma to keep her on track. They match each other's energy and make everyone in the session smile. Whether they're grooming, weaving cones, or walking over poles, the dynamic duo is like a ray of sunshine at the farm.

Recently, Emma switched to our Saturday sessions, joining a new team of participants. Many of our current Saturday participants are new to the farm, as well as to working with horses. Emma has been such a help, and it doesn't go unnoticed. She helps with horse demonstrations, explaining different activities or tools, and shows our new participants where to put grooming buckets and halters after sessions.

During one of our recent sessions, Emma was given a special opportunity. She was asked if she felt comfortable being the sidewalker for Emmy, and helping a new participant lead her over the poles. Without hesitation Emma stepped in, guiding Emmy as the participant practiced leading. She looked like a natural, being encouraging and supportive as well as giving the participant space to learn.

Emma's genuine love for the farm and ability to share that love with others perfectly demonstrates our mission at HRHF. Her willingness to learn, challenge herself, and teach others is truly inspiring. As Emma continues her journey at HRHF, we can only imagine what she will accomplish, but we can guess it'll be alongside her best buddy, Emmy.