

Binx joined the farm family on July 18, 2022, along with Mozey and Mint. At his previous location he had foundered, meaning he was unable to walk, due to a lack of hoof care. In the past 3 years, he has worked with an incredible team of people to help him feel better. We've watched as his walking has improved significantly, and he has grown to trust people more and more.

Justin, HRHF's farrier, has been trimming Binx's hooves for about a year. Justin took Binx's healing process slow, and gradually helped his feet become healthier. He and Barbara worked together to come up with a healing plan, ensuring he takes the supplements and medications he needs to feel the best he can.

Shannon, a massage therapist for horses, visits Binx at the farm every few weeks. No matter how he's feeling that day, Shannon meets him where he's at. There have been days where she does Reiki, and works with his energy rather than touching him. But as Binx has gotten more comfortable he's learned to appreciate and enjoy his massages. After Shannon visits Binx, he noticeably has an easier time walking and seems much more comfortable and relaxed. You can tell how happy he is that he can walk outside in the big pasture just like his friends.

Katia and Lauren, two of our HRHF volunteers, have been working with Binx to evaluate how each part of his body is feeling. They fill out evaluation sheets that give us helpful data to determine what we can do to make Binx feel better. Emi, our Horse Care Coordinator and future vet tech, helps Binx practice walking and being in sessions. She encourages him to join in with the herd, and learn to trust others enough to brush him.

Binx has an incredible and dedicated care team that takes time to check in on him and help him. But the time that he feels the most loved and cared for is during the sessions, with participants and volunteers. They all know to take it slow with him, and to give him space to set boundaries. Even though Binx likes to have his space, just sitting near him and showing that you care can form a connection. The HRHF family, whether it be the farrier, massage therapist, staff, volunteers, or participants, have worked together to show Binx that humans can be kind and loving and that he deserves to be loved and cared for.

